



CONSCIOUS AGING
SOLUTIONS

Erin W. Martin

Keynote Speaker + Gerontologist



Profile

Erin W. Martin, MASM is a fierce and passionate gerontologist and advocate.

She started working with older adults at the age of fifteen. Erin attended The University of Tulsa's Collins College of Business and completed a Bachelors in Business Management.

She also holds a Masters in Gerontology from the University of Southern California, the first and #1 Gerontology school in the world founded by AARP.

During her Masters program, Martin ran a team of advocates serving over 700 low-income older adults in the Southern California area. In 2017, Erin founded Conscious Aging Solutions, LLC to empower and educate older adults in navigating the Western health and social systems while offering organic and conscious approaches to aging successfully and powerfully.

Speaker Topics

Longevity & Nutrition

The Aging Process

Plant Medicine & Aging

Sexuality & Older Adults

Spirituality & Aging

LGBTQ Seniors

Ageism

Navigating Health Insurance & Social Security

Senior Frauds & Scams

Abuse & Aging

Palliative Care vs. Hospice

End of Life

Soil

Human Health Connection

*Topics can be customized and catered to your audience upon request.

Speaker Locations

2017

Aging in America Conference
LeadingAge California Annual Conference
Co-Host of Progress 4 Tomorrow, Metaphysical Talk
Radio
Leading Age California
Aging in America

2018

The Yoga Room
Special Guest, Progress 4 Tomorrow, Metaphysical
Talk Radio

2019

Life Senior Services
Cedarhurst of Woodland Hills
Healthcare Providers of Oklahoma
LeadingAge Oklahoma Annual Conference
Long-Term Care Supports Committee, Oklahoma
Healthcare Authority Oklahoma Holistic Health
The Senior Class Radio Show, KRMG 102.3FM
Leading Age Oklahoma
Oklahoma Healthcare Authority

2020

Oklahoma Holistic Health
Leading Age Annual Oklahoma Conference
The Juice Radio Show, KBOB 89.9FM
Leading Age Oklahoma

2021

The Bobby Eaton Show, KBOB 89.9FM
Oklahoma Conservation Commission
LeadingAge Annual Oklahoma Conference
The Children's Hospital of Philadelphia
Oklahoma Conservation Commission

2022

No Till on the Plains
Delmarva Soil Summit
Oklahoma Association of Conservation Districts
Kansas Governors Public Health Conference
Oklahoma Conservation Commission
Oklahoma Diabetes Caucus

What Others Are Saying






"Erin is not only a highly educated gerontologist but also THE most passionate advocate for vibrant, healthy living/healthy aging in her field. Trustworthy, patient and informative source!"

- Michelle M.

"I HIGHLY recommend Erin Martin! She's an expert in her field, passionate about health for people of all ages, but especially our aging population! She is your "go to" consultant for all things geriatric!"

- Page C.

Book Erin!

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As Seen On

